

2 February 2018

PUBLIC HEALTH BRIEFING ON ECSTASY (also known as MDMA)

Ecstasy use among young people in North Yorkshire is rare. Unfortunately there have been some cases of use by young people in the local area that has resulted in them being hospitalised.

Ecstasy affects the user in a number of ways including increased euphoria and energy, high blood pressure and heart rate and it also affects mood, appetite and sleep and causes an emotional closeness and empathy to others. Taking even one single ecstasy tablet can lead to very serious health complications and can even be fatal.

Parents/carers are asked to be alert to this issue, particularly any mention of 'Orange Tesla' tablets as these are being used in the area currently. Here is sample picture of what you need to look out for although tablets do vary in shape and colour.



For further information go to Frank <http://www.talktofrank.com/>

You will find some helpful advice on signs and symptoms and how to talk to your child about drugs on this site.

If you suspect a child or young person has become ill as a result of consuming ecstasy you should seek immediate medical attention.



Dr Lincoln Sargeant
Director of Public Health
North Yorkshire County Council